

APRIL 2019

NEWSLETTER



THE SEASONS OF LENT AND EASTER AT FBCS



As the Lenten season continues, we have the opportunity to prepare for Holy Week by engaging in the practice of *Hospitality*, alongside spiritual “best practices” like those Jesus employed in the wilderness (among them: silence, solitude, prayer, fasting, and dwelling in God’s Word). None holy in themselves, the purpose of all such practices is to help us focus on following Jesus into the “*Do This*” life. As a key part of this journey, you are encouraged to join in gathered worship each Sunday morning and during the days of Holy Week. Please, also, be in prayer for these shared services and invite someone to come with you. Here is the schedule of services in April:

FIFTH SUNDAY IN LENT, With Communion

April 7 at 11:00 a.m.

John 12:1-8 Isaiah 43:16-21 Psalm 126 Philippians 3:4-14

PALM SUNDAY

April 14 at 11:00 a.m.

Luke 22:14 - 23:56

MAUNDY THURSDAY

Thursday, April 18 at 6:30 p.m.

A Service of Contemplation and Communion

Maundy Thursday is the anniversary of Jesus’ institution of the Lord’s Supper in the upper room on the night before his crucifixion. The word “maundy” comes from the Latin word ‘mandatum’ which means “to command.” It refers to the command Jesus gave his disciples that evening in Jerusalem: “***Do this in remembrance of me***” (Luke 22:19).

HOLY SATURDAY

Saturday, April 20, 1:00 p.m.

Easter Egg Hunt for the children of FBCS and the Two Rivers/Dos Rios neighborhood.

EASTER SUNDAY

Sunday, April 21

7:30 a.m. Sunrise Service

8:30 a.m. Easter Breakfast

9:30 a.m. Learning Groups and Worship Prep

10:30 a.m. Easter Worship Celebration: Luke 24:1-12

SECOND SUNDAY OF EASTER

Sunday, April 28 at 11:00 a.m.

Luke 24:13-49, “*Known in the Breaking of Bread*”

“***Do this in remembrance of me.***”

Luke 22:19

With an Open Heart, Pastor Jeff



EASTER LILIES: On Easter Sunday, lilies in honor or memory of loved ones will adorn our sanctuary.

FLOWERS FOR THE CROSS: Bring flowers for the Easter Cross on Easter Sunday. The cross has been made from the Christmas tree, representing the symbolic transition from Christ's birth to his death and resurrection.

EASTER BREAKFAST: 8:30 - 9:30 am April 21.

Maundy Thursday
Tenebrae Service

April 18 ~ 6:30 PM

Good Friday



Holy Satur-

day

Easter Egg Hunt

April 20 ~ 1 PM

Easter Sun-



rise Service

April 21 ~ 7:30 AM

Easter Breakfast

April 21 ~ Served 8:30 to 9:30 AM

Sunday School

April 21 ~ 9:30 AM

Resurrection Celebration

April 21 ~ 10:30 AM



Easter Lilies



We will be decorating the Sanctuary with Easter Lilies as we have in past years. If you would like to purchase a lily or lilies in memory of or in honor of a loved one,

Please do so by or before Sunday, April 14th.



**EASTER
BREAKFAST
ASSISTANCE**

We would love to have your help with Easter Breakfast! We will need help with:

- ♦ Room set-up on **Saturday, April 20**
- ♦ Serving and clean-up on **Easter Sunday.**

If you are interested in helping, please contact Jennifer Patterson or Kelly Roberts. Thanks!



There will be a Baby Shower for Mavis Gillette and her son, Greyden, Saturday, April 13 at 1:00 pm in the Gathering Room.

Mavis is using cloth diapers and has plenty; she is also breastfeeding, and has plenty of freezer bags for storage. She does need:

Pack and Play ~ Socks ~ Diaper Wipes ~ Books (he loves being read to)





Preparing for Scripture . . .

April 1-7 Fifth Sunday in Lent ~

Isaiah 43:16-21,
Psalm 126;
John 12:1-8;
Philippians 3:4b-14



April 8-14, Palm Sunday

Isaiah 50:4-9a; Psalm 31:9-16
Philippians 2:5-11; Luke 22:14-23:56

April 15-21, Easter

Acts 10:34-43; Psalm 118:1-2, 14-24;
1 Corinthians 15:19-26; Luke 24:1-12

April 22-28

Isaiah 25:6-9; Psalm 114; 1 Corinthians 5:6b-8; Luke 24:13-49

April 29 - May 5

Acts 9:1-6, (7-20); Psalm 30; Revelation 5:11-14; John 21:1-19



UPDATED DIRECTORIES

New Picture Directories will be available on April 21st (Easter). Please alert Ronnie in the church office if you have changes. See Jennifer LaDuke or Mandy Sloan if you want or need a new picture.



2019 INA HUBBARD SCHOLARSHIP

NEW INA HUBBARD SCHOLARSHIP APPLICATION FORMS AVAILABLE

A scholarship in memory of Ina Hubbard was established in 2005. She was an active member of our church from 1924 - 1990. She was 105 years old when she died at Rose Villa Retirement Community. Ina's legacy was to financially help students to further their education. The students need to be members of First Baptist Church, Springfield. If you are attending or planning to attend an accredited community college, university or college, you may be eligible to receive an Ina Hubbard Scholarship.

If you are interested in applying, pick up a scholarship packet from one of the following scholarship committee members: Betsy Clewett, Kathy & John Paskey and Debbie Herr. The application form **has been revised** and updated to align more with current scholarship application forms. The application packet must be completed on or before **April 30**.

2019 Barnabas Award

Nominations Now Being Received!

There was a Levite, a native of Cyprus, Joseph, to whom the apostles gave the name Barnabas (which means "son of encouragement"). He sold a field that belonged to him, then brought the money, and laid it at the apostles' feet. (Acts 4:36,37)

The name "Barnabas" means "son of encouragement." It was a nickname given to Joseph by the leaders of the church in recognition of his generous and loving character. **The Barnabas Award** recognizes persons who, following Barnabas' example, have given themselves consistently and compassionately to *Encouraging Our Life Together* at FBCS.

To nominate someone, pick up a form in the Gathering Room on any Sunday,
list the person's name on the form and describe their
contributions to our life together.

Per-

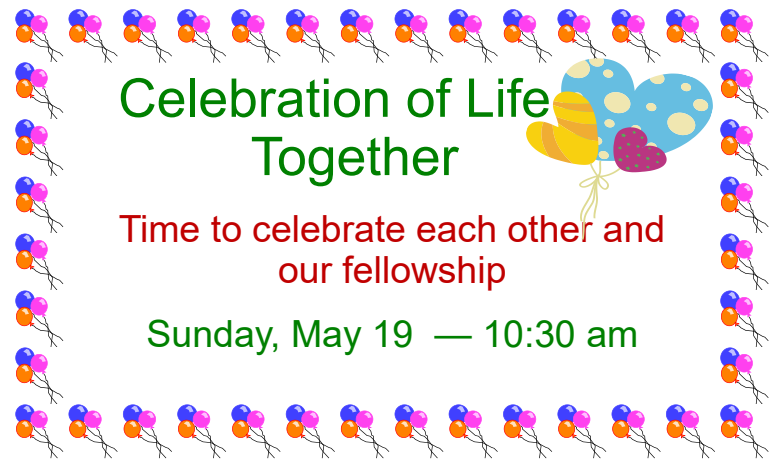
haps you have noticed a Barnabas in our midst. If so, you are encouraged to nominate that person! As you contemplate possible recipients of this award, please consult the Book of Acts and note the ways Barnabas lived into his name by loving others and encouraging unity in the community of faith. (See such passages as Acts 9:1-31, 11:19ff, and 15:1-41).

~ RETURN COMPLETED NOMINATION FORMS TO
PASTOR JEFF NO LATER THAN MAY 1st ~

The 2019 Barnabas Award will be presented on Sunday, May 19, 2019,
during the FBCS Celebration of Life Together



Join International Ministries (IM) global servants for a shared time of prayer, worship and opportunities for one-on-one discussions about global Christian mission activities and world events at the Mission Summit



The Reaching Team has been researching mission projects through International Ministries which could benefit from a portion of the Helgerson bequest which our fellowship received last year. We took three proposed projects to the Council in February for review, discussion and approval. All three were approved. This month we are highlighting the first project to help families in the Dominican Republic.

International Ministries is seeking to raise \$6,615 each year for three years to purchase 100 buckets with special clay filters and a five-gallon container to hold the filtered water. This will provide clean water for approximately 100 families in the Dominican Republic. As of February 6, 2019, 63% of their goal has been raised.



The team was approved to

send \$2,448 to this mission project.

Hopefully this is not a one time financial support for these families. Many Dominican and Haitian family men work 12 hours a day in the sugar cane fields to support their families. The women and children search for water at the nearest river or water source (which is largely contaminated with bacteria and parasites) that is within walking distance. Clean water is essential for their health and well-being. If you would like to contribute to this mission project, please check with Bradys Savage or Karen Gillette. (\$55 provides one filter and bucket).



For Your Health

Advertising Bites the Dust

by Gail Engle

I hope you are all label readers for the food you eat and feed your family. Here are 3 that I discovered not long ago and I was motivated to share them with you. Perhaps you will find other products that are advertised but are not what they seem to be.

A favorite cold cereal advertises as a "honey sweet, clustery, crunchy taste of Honey Bunches of Oats with Almonds now has more almonds .25% more almonds" boasts the tv ad. Yes, it is true but the cereal has more sugar than almonds or honey for that matter. And it has more corn than oats or anything else despite the name. "Sugary Bunches of Corn" doesn't have the same ring.

Here's another one: "Not having a good breakfast can make you feel like your day never got started. Get going with Carnation Breakfast Essential High Protein Drink" says the TV ad. "It has 21 vitamins and minerals with 15 grams of protein to help you be your best." Yes, get going with a 220 calorie bottle of water, corn syrup, sugar, milk protein concentrate, vegetable oil, cocoa, calcium and sodium caseinates, soy protein isolate, gums, salt, artificial color and flavor and more.

Do you want 15 grams of protein? Try a nonfat plain Greek yogurt instead it is only 80 calories so you can add fruit and still come out ahead.

Finally: "When your battery is running low, grab a sugar free, vitamin packed 5 Hour Energy" urges the TV ad. "It will get you back to 100 fast." First of all those vitamins are there just to give your caffeine shot a health halo. They will not get you back to 100%. And there is no way to read the tiny disclosures at the bottom of the screen. "Not proven to improve physical performance, dexterity, or endurance." Limit caffeine products to avoid nervousness, sleeplessness and occasional rapid heartbeat.

"If it is worth disclosing shouldn't a voice over do it?"



CAMP ARRAH WANNA

24075 E. Arrah Wanna Blvd—Welches, OR 97067
www.camparrahwanna.org
Phone: 503-622-3189 — FAX: 503-622-1229

SUMMER CAMPS

High School Camp

July 8 - 12

Middle School Camp

July 22 - 26

Elementary Camp

July 22 - 26



YOUTH
Group

EVERY WEDNESDAY 6:30-8

First Baptist Church Springfield

Join us for youth fellowship grades 6-12!
FOOD, MUSIC, GAMES, PRAISE & WORSHIP

1175 G St - Springfield, OR 97477

For more details visit www.FBCSOR.org



FBCS Rise

BIBLE STORIES / CRAFTS & ACTIVITIES
MUSIC AND GAMES / K-5TH GRADE

APRIL 2 & 16
5:00-5:45

1175 G St - Springfield, OR 97477
MORE INFO: www.FBCSOR.org

Growing Together
First Baptist Church of Springfield
Reaching Our Training Leaders

The CATS Kids want to



**THANK
YOU**

Messy March was a huge hit! You can check out all of our fun on our Facebook Page. We appreciate all of you the wonderful snacks and support you give us each year! Thank You!

INTERNATIONAL MINISTRIES



"God will make a way where there seems to be no way."-Don Moen

My linda Baitis



In late November, I was privileged to walk alongside of my friends at AMOS Health and Hope in Nicaragua providing a full week of trainings in psychosocial First Aid using the arts for self and staff care. AMOS works towards improving integral health and well-being for over 69,000 people across Nicaragua. Integral health – physical, mental, socioeconomic, emotional, and spiritual – involve communities themselves. Over the years, AMOS has trained a network of 630 community health workers to bring health closer to the people.

When we started our week of First Aid Arts trainings at AMOS, we were all bone weary tired. I had missed flight connections due to weather and arriving late with little time to rest and prepare for our early start on Monday. I was frustrated by many inconveniences and situations outside of my control. I found myself needing to practice many of the coping skills I would be teaching soon. My struggles, though valid, diminished once we began sharing our journey to the workshop stories. Listening to Petronilo's account gave me pause. He, along with many other community health promoters, traveled many hours over precarious terrain by horseback and crowded buses to arrive. They too, were physically and emotionally tired.

This year, with the ongoing humanitarian crisis in Nicaragua, people face many obstacles to getting health care. Hundreds of thousands of people have lost their jobs and have no means to provide for their families' basic needs, making it harder for them to access emergency transportation, provide enough food to their children, and get important medicines.



While other national and international organizations have cut back services or left Nicaragua, AMOS health promoters and staff are working harder than ever to continue their mission during this difficult time and that includes supporting mental health. Individual and community resilience is strong in Nicaragua, but the need for support and care for these who care so much is vital as well. Because the road is so long, dangerous and difficult to navigate at times, energies wane and spirits sink.

Recognizing the debilitating and damaging effects of ongoing economic, political and social unrest on our bodies, minds, souls and relationships can help us to respond in creative and life-sustaining ways. Art allows us to imagine and to express. Without having to depend only on words, art provides a new road to explore our feelings, thoughts and dreams. Through music, movement, making and mirroring, we can connect and repair the broken relationships and memories caused by toxic stress, political and social uncertainty and insecurity. Art helps us to rebuild confidence in ourselves and trust in each other. By doing art together, important links for healing can be made and strengthened. By imagining what could be instead of getting stuck where we are, we are able to move beyond the vortex of violence and trauma. Expressing the inexpressible through images, movement, sounds or symbols allows us to make sense out of the senselessness we feel at times. When we can heal the internal wounds, our social groups will be healthier as well.

Many of the promoters use horses as their only means of transportation to reach the isolated communities they serve. At the beginning of our First Aid Arts' Responder Training Juan doubted he had any artistic ability, but as he finished his colorfully decorated clay horse and rider to express his own commitment to service and to health for all, he realized that he **could** do something he originally thought he couldn't. By engaging in art-based activities, Juan and the other AMOS leaders reconnected with their bodies through simple breathing and stretching exercises, their minds through experiential educational games, their spirits through singing and movement, and their social support network by sharing their struggles and their strengths with one another.



My linda



April 2019

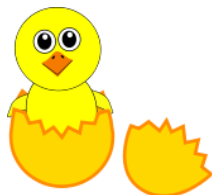


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 10:30 Yoga 2:45 CATS 5:00 Rise 6 CS, Growing & Training Teams	3 6:30 Ignite	4 10 Reaching Team 2:45 CATS 5:45 Bell Rehearsal 7:00 Deacons & CCF Practice	5 7:30 CCF Service	6
7 Worship Leader Jan Stanley 3 CC F Service	8	9 10:30 Yoga 2:45 CATS 4:00 SSRA	10 6:30 Ignite	11 2:45 CATS 5:45 Bell Rehearsal 7:00 CCF Practice	12 7:30 CCF Service	13  Mavis Gillette Baby Shower 1:00 pm
14 <i>Palm Sunday</i> Worship Leader Carol Snider 3 CC F Service	15 <i>Newsletter Deadline</i>	16 10:30 Yoga 2:45 CATS 5:00 Rise	17 11:00 Foodbox Delivery 6:30 Ignite	18 2:45 CATS 5:45 Bells 6:30 Maundy Thursday Service 7:00 CCF Practice	19 <i>Good Friday</i> 7:30 CCF Service	20  <i>Holy Saturday</i> 1:00 pm Easter Egg Hunt
21  <i>Easter Sunday Agenda</i> Worship Leader Mike Snider 3 CC F Service	22 <i>Earth Day</i>	23 10:30 Yoga 2:45 CATS 6 Executive Com 7 Church Council	24 10:00 PRC 6:30 Ignite	25 2:45 CATS 7:00 CCF Practice	26 7:30 CCF Service	27
28 Worship Leader Gail Engle 3 CC F Service	29	30 10:30 Yoga 2:45 CATS	 Sunday Lockup Dan Patterson			

BIRTHDAYS

Michael Weisman 1
Ward Ansell 6
Carol Iman 6
Chris Smith 6
Amanda Gley 12
Sage Brown 13
Adyson Savage 15
Joel Martin 22

Gunner Cave 23
Brent Clements 25
Christopher Davis 29



ANNIVERSARIES

Edwin & Chanda Rosales 7
Mickey & Cindy Stafford 14
Mike & Tammy Davis 16

First Baptist Church of Springfield
1175 G Street
Springfield, OR 97477-4109

RETURN SERVICE REQUESTED



<p>Jeff Savage, Pastor jlsav1957@gmail.com</p> <p>Mandy Sloan, Youth Ministries Coordinator mandysloan@me.com</p> <p>Ronnie Egger Office Administrator fbcspringfield@gmail.com www.fbcsor.org</p>	<p><u>Office Hours</u></p> <p>9:00 am - 12:30 pm Tuesday - Friday</p> <p>Phone: (541) 746-6031</p> <p>Fax: (541) 746-5096</p> <p>Church Email Address: fbcspringfield@gmail.com</p>	<p><u>Sunday Worship</u></p> <p>9:30 am Christian Education 10:30 am Fellowship 11:00 am Worship Service</p> <p><u>Youth Group ~ Ignite</u></p> <p>6:30-8 pm Wednesday</p>
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<p>AS FRIENDS AND FOLLOWERS OF CHRIST, WE ARE COMMITTED TO:</p>	
<p>Growing</p>	<p>our friendship with Christ and one another through worship, prayer, study, partnership and service.</p>
<p>Reaching</p>	<p>out to others in our community with the living and joy-giving message of Christ.</p>
<p>Training</p>	<p>those in this congregation for ministry and leadership in the church and the world.</p>