

MAY 2020 NEWSLETTER



From Your Pastor:

Along with all of you, Janet and I are “learning our way” through this time of worldwide upheaval. As the stories of courage and trauma unfold each day, I find myself thinking much about choices. Choices that make a difference in the way you and I live out our lives. Not those of the “Which car? What career? Where to retire?” variety. No. Important as such decisions are, I have in mind the “What do I do now? Where do we go from here? How shall we respond?” category of choices. What comes clear to me as I ponder the stories of others (past and present) and the path of my own life is this: Choices of the latter type determine the quality, depth, and breadth of life.

As the Spirit of God would have it, I remembered the following slice of wisdom as I contemplated choices. It appears in a book of daily reflections penned by Henri Nouwen who, as you surely know by now, is an author I deeply respect. He writes:

Choices. Choices make the difference. Two people are in the same accident and severely wounded. They did not choose to be in the accident. It happened to them. But one of them chose to live the experience in bitterness, the other in gratitude. These choices radically influenced their lives and the lives of their families and friends. We have very little control over what happens in our lives, but we have a lot of control over how we integrate and remember what happens. It is precisely these spiritual choices that determine whether we live our lives in dignity. (Henri Nouwen, Bread for the Journey)

Do you see it? Nouwen calls such choices “Spiritual.” Why? Because as you and I decide how to respond to situations not of our making and circumstances beyond our control, we are shaped at the deepest level of being ~ at our spiritual core. When wounded, we can seek to grow in spiritual insight and strength of character, or we can opt for clinging to injury, unexamined, even as it diminishes heart, mind, soul, and strength. So it is that one person can go through great trauma or tragedy and emerge with faith and hope expanded, while another succumbs to resentment or despair. It is with such soul-shaping choices in focus that James writes (James 1:2-4, The Message):

Consider it a sheer gift, friends, when tests and challenges come at you from all sides. You know that under pressure, your faith-life is forced into the open and shows its true colors. So don't try to get out of anything prematurely. Let it do its work so you become mature and well-developed, not deficient in any way.

Beloved, this season is shaping our souls, yours and mine. Let us follow Jesus closely and choose our responses wisely, remembering that our “What do we do now?” choices matter greatly – to our lives and the lives of those around us. They always have; they always will. It is for this reason that God's Spirit is given to empower and guide us in making life-giving choices. Confident in this grace, James goes on to say, “*If any of you is lacking in wisdom, ask God, who gives to all generously and ungrudgingly, and it will be given you.*” (James 1:5, NRSV) May we seek the wisdom we need, with gratitude.

~ Seeking Wisdom with You, Pastor Jeff



CAMP ARRAH WANNA

24075 E. Arrah Wanna Blvd—Welches, OR 97067
Register at: www.camparrahwanna.org
Phone: 503-622-3189 — FAX: 503-622-1229

SUMMER CAMPS

High School Camp

July 6 - 10

Junior Camp Middle & Elem. School

July 20 - 24

Friends & Family Camp

September 4 - 7



**ONLINE SUNDAY SERVICES
WILL BE HELD AT 11AM UNTIL
FURTHER NOTICE.**

The link is embedded on the home-
page of the FBCS website. Find it at:
<https://www.fbcspringfieldor.com>

You do not need a Facebook account
to participate.

Your Will

Have you considered extending your generosity beyond your lifetime by naming First Baptist Church of Springfield in your will? A bequest of a specific amount, or a percentage of the residue of your estate, allows you the flexibility of supporting the future of First Baptist Church of Springfield, while ensuring the ultimate care of loved ones. **Here is simple language:**

"I give to the First Baptist Church of Springfield, an Oregon not-for-profit corporation, \$_____ (or _____% of my estate) for its general use and purposes."

First Baptist Church
of Springfield's Tax ID# is
93-0504196



To all those who participated in serving the families at Interfaith Shelter in March. We had 26 volunteers for the week; several served multiple times during the week. Volunteer hours totaled 149. Actual time at the site was 129 hours; the additional 20 included those who prepared food at home and provided for dinners and breakfasts.

There were probably more than 20, but we know of at least that many. We are so grateful for your willing help, and the families and staff tell us over and over again, what a blessing you are!

Karen Gillette & Bradys Savage
Co-Leaders, Reaching Team



Preparing for Scripture . . .

April 27 - May 3, 2020 ~ Fourth Sunday of Easter

Acts 2:42-47; Psalm 23; 1 Peter 2:19-25; John 10:1-10

May 10, 2020, Fifth Sunday of Easter ~

Acts 7:55-60; Psalm 31:1-5, 15-16; 1 Peter 2:2-10; John 14:1-14

May 17, 2020 Sixth Sunday of Easter ~

Acts 17:22-31; Psalm 66:8-20; 1 Peter 3:13-22; John 14:15-21

May 24, 2020 Seventh Sunday of Easter ~

Acts 1:6-14; Psalm 68:1-10, 32-35; 1 Peter 4:12-14; 5:6-11; John 17:1-11

May 31, 2020 Day of Pentecost ~

Acts 2:1-21; Psalm 104:24-34, 35b; 1 Corinthians 12:3b-13; John 7:37-39

June 7, 2020 Trinity Sunday ~

Genesis 1:1-2:4a; Psalm 8; 2 Corinthians 13:11-13; Matthew 28:16-20



For Your Health: Live. Life. Healthy

Anaphylactic Reactions

by Gail Engle



Anaphylaxis is a severe reaction that affects the entire body and it is life threatening. Common allergens that can cause anaphylaxis include medicines, foods (peanuts, shellfish, milk and eggs) insect bites or stings, blood or parts of blood, chemicals such as dye, latex, and contrast material for angiograms, MRIs, and CT scans.

If you have allergies, a family history of anaphylaxis, asthma and eczema, you have a greater chance of developing anaphylaxis. This reaction generally starts small, with nasal congestion, tingling of mouth, swelling of eyes lips and back of the throat. You will have a hoarse voice as your throat begins to swell, then hives appear, dizziness, fainting, anxiety, chest tightness and irregular heartbeats. You might also have vomiting and diarrhea. If you have these symptoms you have a true emergency and you should call 911. If you have a history of bad reactions to insect bites or to certain foods you will want to keep an EpiPen at hand. It will buy you a few more minutes. Anaphylaxis can be a killer.

So, how can you protect yourself? Avoidance is the best way to protect yourself. Avoid the offending food, avoid being in the garden or around yellow jackets and bees and use your EpiPen immediately. Do not wait to see if you feel better. If you get stung by a bee or yellow jacket, ice the area, take Benadryl and use your EpiPen. It is a good idea for your family to know where your EpiPen is and how to inject you with it. You should also wear a medical bracelet or necklace that lists the allergy.



I hope you never have to deal with an anaphylactic reaction, but if you do, make certain you have all the information beforehand as you will not have time to figure it out when you are in the midst of an attack.

Training Team



Cheryl Vaught



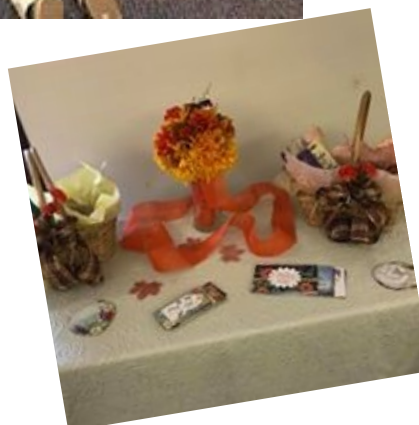
Angie Werder

The Training Team's responsibility is to train disciples (that's you!) to minister and lead in our church and community.

What does this mean? **The primary focus is education of all ages** ~ to encourage and equip one another as we deepen our relationships with God and with one another.

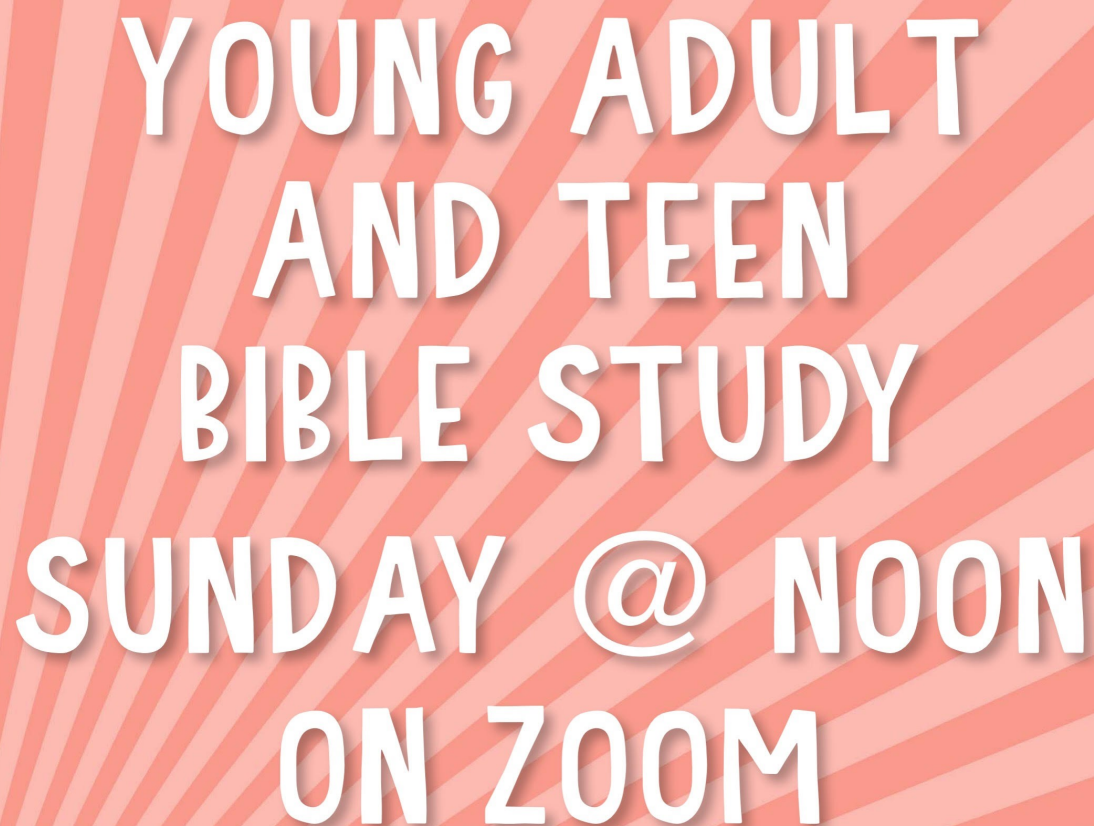
From various classes for all (children to our cherished elders), to camping ministry. Education in life skills such as CPR, disaster preparedness, hospice care and many, many things in between. We work with all of you to explore the ways to "**Do This . . .**" in our lives and the myriad of ways to share doing it, from Women's Teas and Men's Brunches to Book Study groups. We value the opportunity to be the hands and feet of Jesus and invite you to walk this journey with us.

Cheryl Vaught & Angie Werder
Training Team Co-Leaders





**SUNDAY
SCHOOL
VIA ZOOM
10 AM**



**YOUNG ADULT
AND TEEN
BIBLE STUDY
SUNDAY @ NOON
ON ZOOM**

INTERNATIONAL MINISTRIES



Hello from Thailand! Yes...we are here and doing well!!! We are now residents of Chiang Mai! Can you believe it? It definitely took us a week or so to get adjusted to the time change but overall the kids did well. The travel here was long but also very smooth....however, exhaustion sunk in for the last 30 minutes of the flight and by the time we landed $\frac{2}{3}$ of the kids were in major meltdown mode and wanted to go 'home'. God showed us grace and the meltdowns worked to our favor as customs

moved us through quickly; they even helped push our luggage out to the curb and only scanned 3 of our suitcases in the process (that was a miracle)! We were greeted by IM Colleagues, Kim Brown and Kyle Williams, the staff at Thailand Baptist Missionary Fellowship (our local partners in Chiang Mai), and several staff and residents from House of Love! We felt love from the start and were so thankful to be greeted so lovingly (adorned with leis and bouquets)!

Since our arrival we have been learning how to navigate this new (to us) land. We are thankful for our partners here who are helping us get settled since pretty much everything is done differently or looks different than what we are used to. They have shown us where stores are, how to shop at local markets, how the road systems work here, how to open a bank account, set up a cell phone, etc. We are so blessed by them.

We all are going 5 days a week for Thai language study for 2 hours; the kids have their own class together while Mark and I have our own class together at the same time. It took some adjusting the first week, especially for the kids, but we are starting to slowly find our rhythm....just like in the US...some days are wonderful, and other days are SO CHALLENGING. Our Thai language teachers are wonderful and are very encouraging and very patient!!!

Our colleagues in nearby Chiang Rai, the Williams Family, came to welcome us and show us around town. The kids had a blast together, especially riding in the back of the truck. "Wait, we get to ride in the back of a truck, without seat belts here? Best Day Ever!"



God's hand has been on us and we have felt His presence every step of the way, even in the small day to day things...we know he is carrying us. Mark and I are so proud of the kids they are working through a lot and rising to the challenge and I know Christ is working in them.


Love and prayers to you all! Thank you for your continued partnership/fellowship in this journey!

The Janes Family



May 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 SUNDAY LOCKUP Brooklynn Werder					1 10 Dwelling in the Word Zoom	2
3 Pastor/People Partnership 11 Online Worship Service	4	5 Cinco de Mayo 6 CS, Growing & Training Teams	6	7 10 Reaching Team 7:00 Deacons	8 10 Dwelling in the Word Zoom	9
10 Mother's Day 11 Online Worship Service	11	12 4:00 SSRA	13 11:00 Food Box Delivery	14	15 Newsletter Deadline 10 Dwelling in the Word Zoom	16
17 11 Online Worship Service	18	19 6 Executive Team 7 Church Council Online Sessions	20	21	22 10 Dwelling in the Word Zoom	23
24 11 Online Worship Service 31 11 On-line Worship Service	25 Memorial Day Holiday	26	27	28	29 10 Dwelling in the Word Zoom	30

MAY BIRTHDAYS

Steven Ackerman	7	Cindy Stafford	17
Kathy Garrett	8	Scott Cave	19
Roma Gilman	8	Karla Weaver	19
Jen LaDuke	8	Mike Snider	20
Phyllis Poore	10	McKenzie Cowan	23
Jim Eastburn	11	Donna Martin	23
Tristin Stafford	11	Lou Engle	24
Donna Wold	14	Lillian Fitch	25
Donovan Moore	16	Troy Savage	29
Don Vaught	16		

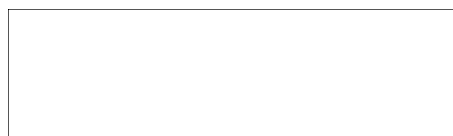
MAY ANNIVERSARIES

Jeff & Claire Kronser	2
Don & Cheryl Vaught	3
Walter & Terry Fitch	9
Briana Davalos Garber & Eduardo Davalos Garcia	30



First Baptist Church of Springfield
1175 G Street
Springfield, OR 97477-4109

RETURN SERVICE REQUESTED



<p>Jeff Savage, Pastor jlsav1957@gmail.com</p> <p>Mandy Sloan, Youth Ministries Coordinator mandysloan@me.com</p> <p>Ronnie Egger Office Administrator fbcspringfield@gmail.com www.fbcsor.org</p>	<p><u>Office Hours</u></p> <p>9:00 am - 12:30 pm Tuesday - Friday</p> <p>Phone: (541) 746-6031</p> <p>Fax: (541) 746-5096</p> <p>Church Email Address: fbcspringfield@gmail.com</p>	<p><u>Sunday Worship</u></p> <p>Until further notice check our Website. Sunday Worship services will be available online during the Covid-19 outbreak.</p> <p><u>Sunday School & Youth</u></p> <p>* Sunday School Zoom for younger children 10 am * <i>Ignite</i> Zoom session Noon</p>						
<p>AS FRIENDS AND FOLLOWERS OF CHRIST, WE ARE COMMITTED TO:</p> <table><tr><td>Growing</td><td>our friendship with Christ and one another through worship, prayer, study, partnership and service.</td></tr><tr><td>Reaching</td><td>out to others in our community with the living and joy-giving message of Christ.</td></tr><tr><td>Training</td><td>those in this congregation for ministry and leadership in the church and the world.</td></tr></table> 			Growing	our friendship with Christ and one another through worship, prayer, study, partnership and service.	Reaching	out to others in our community with the living and joy-giving message of Christ.	Training	those in this congregation for ministry and leadership in the church and the world.
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